

## Professional Learning Record

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Part of your development as a professional is to engage in learning beyond your coursework and your CSL/practicum experiences. One of the ***Standards of Practice*** is the “*Commitment to Ongoing Professional Learning*”. After attending a professional learning community session at the Faculty or in your schools and the community, take a moment to reflect on the learning that took place.


Date	Title	Location/ Presenter	Description*	Learning: Key points
17/09/2024	Career Development, Community Engagement & Experiential Learning	Sylvie Marko sylvie.marko@uottawa.ca	Join us to find out how our Volunteer and Horizons programs can help you develop your skills along with your career path, and make a difference in your community.	<ul style="list-style-type: none"> <li>- Reach out for any career resources needs: interview skills, resume advice...</li> <li>- Sylvie is really nice and will help you find the resources you need.</li> <li>- “community engagement navigator” app in uozone</li> <li>- Submit your own placement</li> <li>- Get your Co-Curricular Record</li> <li>- Nov 21 Career fair for summer opportunities</li> <li>- <a href="https://www.jobbank.gc.ca/trend-analysis">https://www.jobbank.gc.ca/trend-analysis</a></li> </ul>
Tues & Thur 2 hour class Sep & Oct 2024	<a href="#">Alliance Francais French Course</a>	Adeline Gros	General French language course for ongoing French practice.	<ul style="list-style-type: none"> <li>- Practise and improve French grammar</li> <li>- Expand vocabulary</li> <li>- Speak in French with peers</li> <li>- Practice French writing</li> </ul>
25/09/2024	Day of Reconciliation	uOttawa Education Resource Center	To remind ourselves of the role of educators in enacting the Calls to Action from the Truth and Reconciliation Commission.	<ul style="list-style-type: none"> <li>- Project of Heart Workshop</li> <li>- The truth of residential schools</li> <li>- The truth of the 60s scoop</li> <li>- The importance of first hand stories</li> <li>- The importance of teaching Truth &amp; Reconciliation</li> </ul>
Weekly 1h on Weds Oct & Nov	Book Club: Unreconciled: Family, Truth and Indigenous	Facilitated online by Anita Tenasco	Discuss the themes and Indigenous activism in Jesse Wente’s writing.	<ul style="list-style-type: none"> <li>- Personal experience of intergenerational trauma caused by residential schools and the Canadian government.</li> <li>- Personal experience of racism growing</li> </ul>

	Resistance (2022) by Jesse Wente			<p>up in Toronto.</p> <ul style="list-style-type: none"> <li>- Historical and current representation of Indigenous peoples in film and media.</li> <li>- Personal experience with tokenisation in the workplace.</li> <li>- Critique of Canada's various Reconciliation actions.</li> <li>- So much more!</li> </ul>
1/10/2024	Actua's Tech Playground: Exploring Digital Learning	Actua <a href="https://actua.ca/">https://actua.ca/</a>	From Micro:bits and Spheros to Scratch, the Actua Tech Innovation Stations offer a guided exploration of these exciting technologies.	<ul style="list-style-type: none"> <li>- Hands-on learning for popular Actua Tech <ul style="list-style-type: none"> <li>- Micro:bits (<a href="https://makecode.microbit.org/">https://makecode.microbit.org/</a>)</li> <li>- Spheros (<a href="https://sphero.com/">https://sphero.com/</a>)</li> <li>- Scratch (<a href="https://scratch.mit.edu/">https://scratch.mit.edu/</a>)</li> <li>- Ozobots (<a href="https://ozobot.com/">https://ozobot.com/</a>)</li> </ul> </li> <li>- Not just for teaching coding but also for geometry, patterns ...</li> <li>- Lesson/activity plans were provided for free through Google Drive - <a href="#">link</a></li> </ul>
22/10/2024	Teaching and Supporting Marginalized Youth in OCSB	Jolly-Béatrice Toussaint & Julie Guèvremont	Focus on supporting accessibility, inclusion, diversity and equity in schools.	<ul style="list-style-type: none"> <li>- Review of anti-biased anti-racist teaching practices</li> <li>- Similar to content covered in Start Here Start Now by Liz Kleinrock</li> </ul>
05/11/2024	ETFO Action on Anti-Black Racism  Learning While Black: Addressing Anti-Black Racism in Canada	Presented by Matthew Sinclair	Anti-Black racism is a problem that can't be solved by broad equity plans and needs to be addressed specifically within a Canadian educational context. Participants will explore how anti-Black racism is interwoven into the fabric of our education system and society at large. This workshop will use relevant examples, deconstruction of key terminologies and data as well as introduce teaching strategies that show how all educators can be part of the solution.	<ul style="list-style-type: none"> <li>- Canada has a history of anti-black racism, Canada participated in slavery and segregation. Canada likes to forget this.</li> <li>- (Micro)aggressions don't have micro impacts. Microinterventions help target (micro)aggressions.</li> <li>- Apologise to your students.</li> <li>- Black and Indigenous voices are not "missing" from curriculum they were erased.</li> <li>- "I'm sorry", "you're right", "I will listen more."</li> </ul>

				- ETFO union resources available.
05/11/2024	Chronic School Absenteeism	Natasha Mcbrearty (UOttawa)	<p>During the presentation, I plan to:</p> <ul style="list-style-type: none"> <li>- provide an overview of chronic school absenteeism</li> <li>- present the connection between school attendance and social determinants of health</li> <li>- offer some ideas re: the role teachers can play in promoting attendance at both the individual and school levels, recognizing that multi-sectoral, multi-level interventions are required to effectively address school attendance problems.</li> </ul>	<ul style="list-style-type: none"> <li>- Many reasons for absenteeism and attendance issues.</li> <li>- Hard to study do to a non standardization of variables and inconsistent reporting of absences.</li> <li>- School can exclude students they don't have the resources to support for varying lengths of time.</li> </ul>
Sats Oct 2024 - Present	Ottawa Valley Roller Derby Jrs Coaching	OVRD <a href="https://ottawavalleyrollerderby.com/">https://ottawavalleyrollerderby.com/</a>	Ottawa Junior Roller Derby (OJRD) is a non-profit league aimed at providing kids and teens with a fun and safe environment to play flat-track roller derby.	- Coach roller derby skills!
Nov 20 2024 & Nov 27 2024	CAS 101	CAS Workers (CYCs)		<ul style="list-style-type: none"> <li>- What is CAS</li> <li>- Roles and responsibilities</li> <li>- ect</li> </ul>
Nov 26 2024	NVCI Certification	Jen Deavy <a href="https://www.crisisprevention.com/">https://www.crisisprevention.com/</a>	Nonviolent Crisis Intervention (NCI) Training prepares your staff to prevent and de-escalate medium to high-risk behavior using both restrictive and non-restrictive methods.	-
Dec 3 2024	Gender Bandit	Eliot Newton <a href="https://www.genderbandit.com/">https://www.genderbandit.com/</a>		<ul style="list-style-type: none"> <li>- 10/10 amazing presentation.</li> <li>- Eliot is a fantastic speaker and handles controversial &amp; touchy subjects effortlessly and with grace.</li> <li>- I didn't expect to get much out of the presentation since I am quite knowledgeable about Queer topics and am active in the OTtawa queer</li> </ul>

				<p>community.</p> <ul style="list-style-type: none"> <li>- However, I definitely took a lot away from the presentation.</li> <li>- I loved the slide about queer people throughout time and from different cultures. There is a lot more I can learn there. Made me curious</li> <li>- I loved the focus on data and facts. Especially since I am often more exposed to stats from the US than from Canada.</li> <li>- In that light I was also happy to see discussion of indigenous queerness and two-spirit identities.</li> <li>- We walked through the hard questions. What do you do if the transgirl in your class want to join the girl's basketball team? After a long and winding discussion, Eliot cut through the noise to tell us it's a human right protected by the UN you must facilitate that girl's participation in the sport. Even if you discourage her from playing because of your concerns for her wellbeing you are infringing on her rights.</li> <li>- We talked a lot about how to be a better ally to queer students</li> <li>- And how to approach peers who are hesitant of pro LGBTQ+ work</li> <li>- It was great to hear the perspectives of former administrators in the group. It means a lot to hear affirmations of the queer community from the generation before me.</li> </ul>
Dec 05 2024	Trauma Informed Teaching	Victoria Roberts		<ul style="list-style-type: none"> <li>- science of trauma</li> <li>- need to take these approaches with all children because you don't know who is dealing with what</li> </ul>

				<ul style="list-style-type: none"> <li>- How to call CAS</li> <li>- Different types of trauma (not always accute)</li> </ul>
Dec 10 2024	Stigma Ends with Me	CAPSA Ashleigh Hyland <a href="https://capsa.ca/">https://capsa.ca/</a>	To equip you with knowledge and tools to understand and address stigma, so we can improve the health outcomes of the 78% of people over 15 years old living in Canada who use substances.	<ul style="list-style-type: none"> <li>- substance use disorder = addictions</li> <li>- recurrence = relapse</li> <li>- wellness = recovery</li> <li>- For those with substance use disorder using isn't a choice.</li> <li>- Use will continue despite negative consequences (punishments don't help)</li> <li>- abstinence is not the only pathway to wellness. though abstinence maybe be a barrier people can still achieve wellness.</li> </ul>
Dec 10 2024	NaloxoneCare <a href="https://naloxonecare.com/">https://naloxonecare.com/</a>	Mark Barnes		<ul style="list-style-type: none"> <li>- 1 in 5 highscool students in ottawa have tried an opioid.</li> <li>- Every school in ottawa has Naloxone</li> <li>- Risk reduction / harm reduction</li> <li>- Opioid epidemic</li> </ul>
Dec 11 2024	Special Education	Linda Yan		<ul style="list-style-type: none"> <li>- IEPs</li> <li>- Maintain student integrity in conversations between different teachers</li> <li>- What is good for all is necessary for some</li> <li>- Diagnoses are not for educators they are for medical professionals. We use IEPs.</li> </ul>
Dec 12 2024	Virtual Learning	Alison Hicks & Julian OCSB	Alison works at a completely online school and Julian is the tech expert for the OCSB	<ul style="list-style-type: none"> <li>- Jotscams</li> <li>- Math &amp; art packages so all kids have the same tools</li> <li>- Able to see the tabs kids have open ??</li> <li>- Access for kids with fragile health</li> <li>- Access for kids in rural areas</li> <li>- Using screen shot of kids works as assessment data</li> <li>- Using Google Forms to document student progress</li> <li>- Brisk AI tool for teachers (chrome</li> </ul>

				<p>extension)</p> <ul style="list-style-type: none"> <li>- School AI can be used to make chatbots to help kids with projects. Programmed by the teacher. (same tools as magic ai but amore sophisticated chatbot)</li> <li>- Look into the AI assessment scale</li> </ul>
Dec 16 2024	Decolonization in the classroom	Geordie Walker		<ul style="list-style-type: none"> <li>- white pacing = the pace at which white people are <i>comfortable</i> making changes and engaging with racism ect.</li> <li>- The Canadian education system has indoctrinated us into believing that racism isn't happening here and certainly not like it's happening in the US. Not true.</li> <li>- As a settler colonial state Canada was set up to be systemically racist. As teachers working within this system is we don't actively work to dismantle this we are upholding it.</li> <li>- Geordie gave up his principal's office. Colonial thinking the person of the highest rank has the biggest office. IT's a scary place for students to go.</li> <li>- Geordie just goes by his name. No miss mr these are also tools of colonialism and power dynamics.</li> <li>- "I want to acknowledge that race could be playing a role in this conversation."</li> </ul>
Dec 17 2024	Pathways, Student Success & A & Evaluation	Jennifer Perry & Geordie Walker	Different pathways to get students to graduations. Lots of programs.	 Pathways to Success (Graduation)
Jan 22 2025	Signs of Safety	Lara Cebryk - CAS	<p>The method of building a safety net for children in care. The beliefs that underpin interacting with youth, their families &amp; communities.</p> <p>The idea is to not focus as much on "risk factors" in a family but we look for "signs</p>	<ul style="list-style-type: none"> <li>- Move away from the paternalistic authoritarian role of CAS</li> <li>- Move towards collaboration, network, sharing</li> <li>- Cooperate with the person not the abuse.</li> <li>- Be honest &amp; transparent</li> </ul>

			of safety”	<ul style="list-style-type: none"> <li>- All families have sign of safety. They keep they children safe some of the time and likely most of the time</li> <li>- This lens help see the strengths of a family.</li> <li>- Maintain a focus on safety plans.</li> </ul>
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\*The description may be copied from the outline in the posting for this event.